

Beauty and the Beast

A Story About Trust



The Emperor's New Clothes

A Story About Honesty



SCHOLASTIC

Red Riding Hood

A Story About Bravery



THE THREE LITTLE PIGS

A Story About Patience

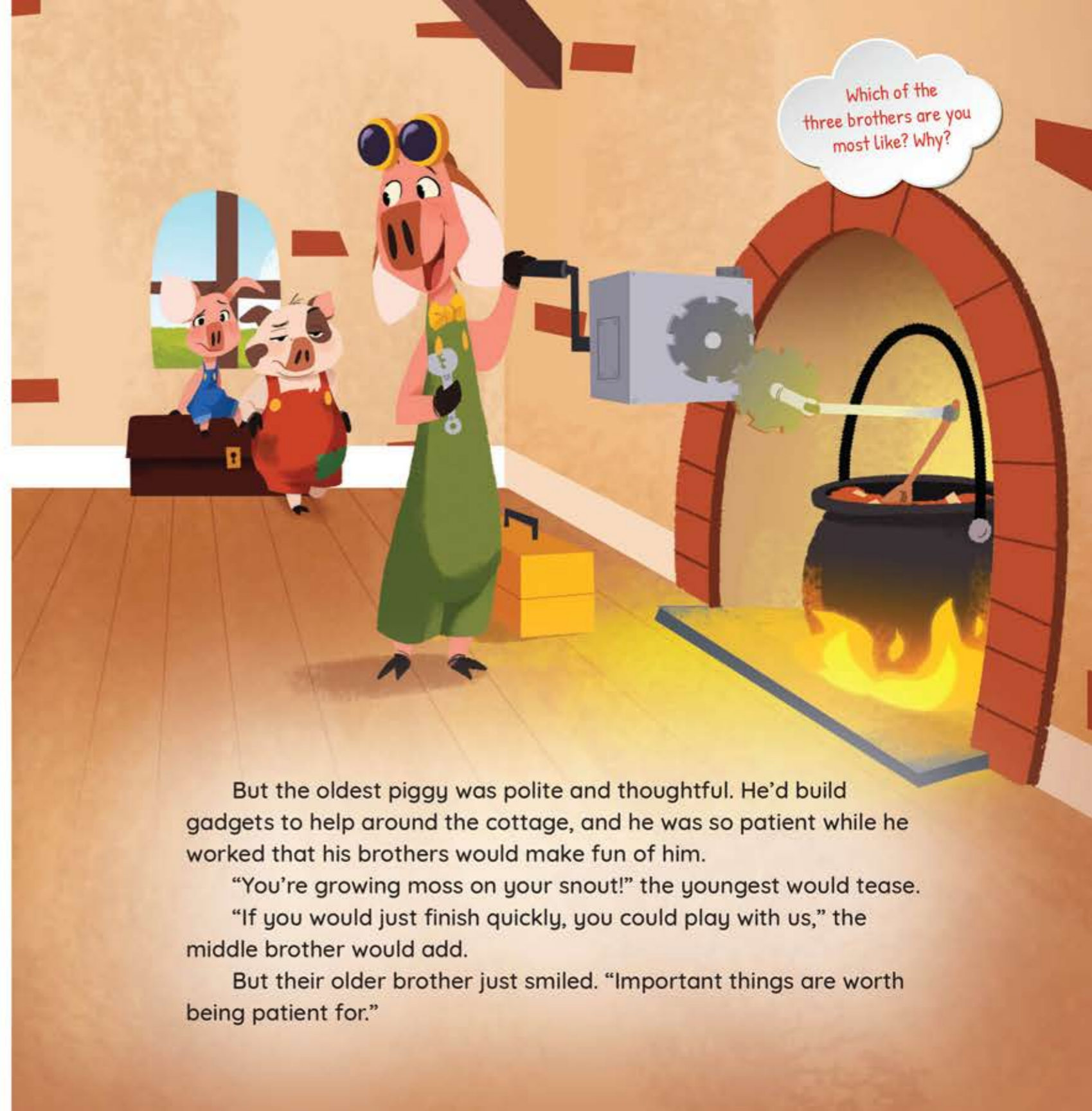


 SCHOLASTIC

The littlest one was silly and carefree. He would play all day, poking hedgehogs with sticks while they were napping just to see them curl up into little balls.



And the middle piggy was rather lazy. When their mother would ask for help stirring the soup for dinner, he would always say he was too busy watching for shapes in the clouds.



But the oldest piggy was polite and thoughtful. He'd build gadgets to help around the cottage, and he was so patient while he worked that his brothers would make fun of him.

"You're growing moss on your snout!" the youngest would tease.

"If you would just finish quickly, you could play with us," the middle brother would add.

But their older brother just smiled. "Important things are worth being patient for."



And so the wolf huffed!



And he huffed and he puffed
and he huffed and he puffed!



And he puffed!

But no matter how hard or
how long he blew, the sturdy
brick house didn't topple.
It didn't even move
an inch.



The wolf had
chased two pigs from house to
house. Then he blew on the brick
house for a long time. Had the
wolf been patient?

“We have,” they replied. “We really have. We should have built our houses as you did, with sturdy bricks instead of sticks and straw.”

“But you know that using bricks takes time and patience,” their brother said. “Because sometimes, the things worth having are the things worth waiting for.”

The piggies nodded. “It’s never too late to start being patient,” they said. And they went right back to work!



What's something you once had to wait for? Was your patience worth it?

TO READ TOGETHER



What is patience?

Patience means waiting for something you want. It also means staying calm in situations you might not like. For example, you need patience to complete a puzzle, wait your turn in line, or learn a difficult skill. Doing a good job often means being patient!

What happens if I am impatient?

Sometimes you may not be patient. Maybe you really want to have something right now. Or you want to be the first one in line. Or you want to quickly finish something that you find boring. Don't worry! Patience takes practice. As you get older, it will get easier.

What can I do when I feel impatient?

If you feel impatient, let your parents or adults you trust know. Try to explain why it is important for you to get what you want. You can also imagine you have a balloon in your belly: Breathe in and blow it up five times. Put your hand on it to feel how it moves. Doing this will make you feel calmer. And it will help you be more patient too!

Be patient with impatience!

There are many ways to put your patience to work. Here are some ideas:

- Waiting for something doesn't mean having to do nothing. If you are riding on a long bus or car trip, play games like "I Spy." Or if you are waiting in a doctor's office, try remembering the lyrics to your favorite song or reading a book you brought from home. There are lots of little ways you can make waiting for something more fun!
- If you really want to say something in class, raise your hand and wait for your turn! If you want to be the first in line one day, talk to your teacher and explain why it is important to you.
- If something seems too difficult to complete, don't give up. Ask a grown-up for help and try again. Pretty soon, you'll be able to do it all on your own.
- Whenever you feel frustrated, try not to get angry. Instead, take a deep breath and count to five, or imagine you have that balloon in your belly!

You will see that if you practice, you will be a little bit more patient every day!

